



# WHAT'S ON THE MENU?

## Sterling Elementary Lunch

Jan. 21, 2019 - Feb. 22, 2019

WG= Whole Grain

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Jan. 21</b>	<b>Jan. 22</b>	<b>Jan. 23</b>	<b>Jan. 24</b>	<b>Jan. 25</b>
Chicken Tenders with WG Dinner Roll & Margarine Baked Crinkle Cut FF Carrots, Chilled Applesauce, Fresh Orange Wedges	Meaty Nachos and Cheese Refried Beans, Salsa, Diced Tomatoes Corn Fresh Celery Sticks, Cauliflower, Fresh Apple Crunchers and Mixed Fruit	Beef Stroganoff with Pasta Steamed Broccoli Fresh Broccoli, Red Pepper Strips, Fresh Grapes and Chilled Pineapple	Cheeseburger with Baked Tater Tots Carrots, Chilled Applesauce, Fresh Orange Wedges	FREEZIE FRIDAY Cheese Pizza Peas Tossed Salad, Green Pepper Strips, Chilled Peaches, Fresh Pears
<b>Jan. 28</b>	<b>Jan. 29</b>	<b>Jan. 30</b>	<b>Jan. 31</b>	<b>FEB. 1</b>
Crispy Chicken Patty on WG Bun Baked Crinkle Cut French Fries Carrots, Chilled Applesauce, Fresh Orange Wedges	Meaty Nachos and Cheese Refried Beans, Salsa, Diced Tomatoes Corn Fresh Celery Sticks, Cauliflower, Fresh Apple Crunchers and Mixed Fruit	Ball Park Hot Dog on WG Bun Baked Beans Fresh Broccoli, Red Pepper Strips, Fresh Grapes and Chilled Pineapple	Pepperoni Pizza Seasoned Peas Carrots, Chilled Applesauce, Fresh Orange Wedges	Meaty Spaghetti with Garlic Bread Stick Green Beans Tossed Salad, Green Pepper Strips, Chilled Peaches and Fresh Pears
<b>Feb. 4</b>	<b>Feb. 5</b>	<b>Feb. 6</b>	<b>Feb. 7</b>	<b>Feb. 8</b>
Popcorn Chicken Mashed Potatoes and Gravy Carrots, Chilled Applesauce, Fresh Orange Wedges	Meaty Nachos and Cheese Refried Beans, Salsa, Diced Tomatoes Corn Fresh Celery Sticks, Cauliflower, Fresh Apple Crunchers and Mixed Fruit	Bosco Stick with Sauce Green Beans Fresh Broccoli, Red Pepper Strips, Fresh Grapes and Chilled Pineapple	Homemade Chicken Noodle Soup with Half Toasted Cheese Seasoned Carrot Coins Fresh Cucumber Coins, Cauliflower and Chilled Diced Pears and Banana	Cheese Pizza Broccoli with Cheese Tossed Salad, Green Pepper Strips, Chilled Peaches, Fresh Pears
<b>Feb. 11</b>	<b>Feb. 12</b>	<b>Feb. 13</b>	<b>Feb. 14</b>	<b>Feb. 15</b>
Chicken Nuggets Mashed Potatoes & Gravy Carrots, Chilled Applesauce, Fresh Orange Wedges	Meaty Nachos and Cheese Refried Beans, Salsa, Diced Tomatoes Corn Fresh Celery Sticks, Cauliflower, Fresh Apple Crunchers and Mixed Fruit	Mini Corn Dog Nuggets Baked Beans Fresh Broccoli, Red Pepper Strips, Fresh Grapes and Chilled Pineapple	Homemade Macaroni and Cheese with Pretzel Stick Broccoli Fresh Cucumber Coins, Cauliflower and Chilled Diced Pears and Banana	FEEZIE FRIDAY Pepperoni Pizza Green Beans Tossed Salad, Green Pepper Strips, Chilled Peaches and Fresh Pears
<b>Feb. 18</b>	<b>Feb. 19</b>	<b>Feb. 20</b>	<b>Feb. 21</b>	<b>Feb. 22</b>
Chicken Tenders with WG Dinner Roll & Margarine Baked Crinkle Cut FF Carrots, Chilled Applesauce, Fresh Orange Wedges	Meaty Nachos and Cheese Refried Beans, Salsa, Diced Tomatoes Corn Fresh Celery Sticks, Cauliflower, Fresh Apple Crunchers and Mixed Fruit	French Toast Sticks with Sausage and Syrup Fresh Broccoli, Red Pepper Strips, Fresh Grapes and Chilled Pineapple	Cheese Pizza Broccoli with Cheese Fresh Cucumber Coins, Cauliflower and Chilled Diced Pears and Banana	Tomato Soup with Toasted Cheese Sandwich Green Beans Tossed Salad, Green Pepper Strips, Chilled Peaches, Fresh Pears
<b>Daily Choice Options</b>				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Chicken and Cheese Quesadilla Peanut Butter and Jelly Sandwich w/String Cheese	Yogurt Parfait OR Peanut Butter and Jelly Sandwich w/String Cheese	Chef Salad OR Peanut Butter and Jelly Sandwich w/String Cheese	Yogurt Fun Lunch OR Peanut Butter and Jelly Sandwich w/String Cheese	Peanut Butter and Jelly Sandwich w/String Cheese

Questions or comments please call Nancy Jameson at 989-846-3686 or email [njameson@standish-sterling.org](mailto:njameson@standish-sterling.org)

You may view your student account on line at school website. From the home page click on the menu/banana button. Meal charge policy can also be viewed on the school website. MENU SUBJECT TO CHANGE

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

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